

14

400m Individual Medley Men Final

Official

Total

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Nemanja Markc	18		0.64		4:21.58 Entry: 4:23.68 -2.10
	25m: 12.00 50m: 26.69 (14.69) 75m: 42.77 (16.08) 100m: 59.05 (16.28) 125m: 1:15.88 (16.83) 150m: 1:32.66 (16.78) 175m: 1:49.58 (16.92) 200m: 2:06.87 (17.29) 225m: 2:24.30 (17.43) 250m: 2:42.77 (18.47) 275m: 3:01.23 (18.46) 300m: 3:20.10 (18.87) 325m: 3:36.13 (16.03) 350m: 3:51.67 (15.54) 375m: 4:06.92 (15.25) 400m: 4:21.58 (14.66)					
2	 Jack Love	20		0.70		4:22.55 Entry: 4:29.19 -6.64
	25m: 12.53 50m: 27.57 (15.04) 75m: 43.50 (15.93) 100m: 1:00.05 (16.55) 125m: 1:16.80 (16.75) 150m: 1:32.88 (16.08) 175m: 1:49.20 (16.32) 200m: 2:05.31 (16.11) 225m: 2:24.04 (18.73) 250m: 2:43.11 (19.07) 275m: 3:02.47 (19.36) 300m: 3:22.09 (19.62) 325m: 3:37.78 (15.69) 350m: 3:52.84 (15.06) 375m: 4:07.92 (15.08) 400m: 4:22.55 (14.63)					
3	 Declan Broadfo	16		0.60		4:24.91 Entry: 4:28.64 -3.73
	25m: 12.28 50m: 27.47 (15.19) 75m: 43.16 (15.69) 100m: 59.19 (16.03) 125m: 1:16.92 (17.73) 150m: 1:34.12 (17.20) 175m: 1:51.10 (16.98) 200m: 2:08.19 (17.09) 225m: 2:26.37 (18.18) 250m: 2:45.24 (18.87) 275m: 3:04.32 (19.08) 300m: 3:24.05 (19.73) 325m: 3:39.79 (15.74) 350m: 3:55.17 (15.38) 375m: 4:10.32 (15.15) 400m: 4:24.91 (14.59)					
4	 Soeren Wells	17		0.70		4:25.90 Entry: 4:29.06 -3.16
	25m: 12.65 50m: 27.98 (15.33) 75m: 44.13 (16.15) 100m: 1:00.80 (16.67) 125m: 1:18.24 (17.44) 150m: 1:34.89 (16.65) 175m: 1:51.70 (16.81) 200m: 2:08.44 (16.74) 225m: 2:27.96 (19.52) 250m: 2:47.44 (19.48) 275m: 3:07.22 (19.78) 300m: 3:26.95 (19.73) 325m: 3:42.30 (15.35) 350m: 3:56.84 (14.54) 375m: 4:11.53 (14.69) 400m: 4:25.90 (14.37)					
5	 Daniel Kregting	18		0.60		4:27.60 Entry: 4:26.07 +1.53
	25m: 12.08 50m: 27.23 (15.15) 75m: 42.75 (15.52) 100m: 58.97 (16.22) 125m: 1:16.21 (17.24) 150m: 1:32.62 (16.41) 175m: 1:49.31 (16.69) 200m: 2:06.20 (16.89) 225m: 2:25.91 (19.71) 250m: 2:46.09 (20.18) 275m: 3:06.50 (20.41) 300m: 3:27.04 (20.54) 325m: 3:42.66 (15.62) 350m: 3:57.61 (14.95) 375m: 4:12.83 (15.22) 400m: 4:27.60 (14.77)					
6	 Alexander Copc	17		0.67		4:31.55 Entry: 4:39.50 -7.95
	25m: 13.36 50m: 29.66 (16.30) 75m: 46.38 (16.72) 100m: 1:03.10 (16.72) 125m: 1:20.67 (17.57) 150m: 1:37.94 (17.27) 175m: 1:55.10 (17.16) 200m: 2:12.22 (17.12) 225m: 2:31.42 (19.20)					

250m: 2:51.06 (19.64) 275m: 3:10.58 (19.52) 300m: 3:30.30 (19.72)
325m: 3:46.21 (15.91) 350m: 4:01.33 (15.12) 375m: 4:16.37 (15.04)
400m: 4:31.55 (15.18)

7



Aidan Taylor

17 

0.63

4:34.64

Entry: 4:30.55 +4.09

25m: 12.80 50m: 28.34 (15.54) 75m: 44.62 (16.28)
100m: 1:01.28 (16.66) 125m: 1:20.37 (19.09) 150m: 1:38.40 (18.03)
175m: 1:56.31 (17.91) 200m: 2:14.18 (17.87) 225m: 2:32.95 (18.77)
250m: 2:51.97 (19.02) 275m: 3:12.01 (20.04) 300m: 3:32.02 (20.01)
325m: 3:48.18 (16.16) 350m: 4:03.48 (15.30) 375m: 4:19.29 (15.81)
400m: 4:34.64 (15.35)

8



Max Cryer

16 

0.67

4:36.62

Entry: 4:34.56 +2.06

25m: 12.92 50m: 28.54 (15.62) 75m: 44.56 (16.02)
100m: 1:01.42 (16.86) 125m: 1:19.90 (18.48) 150m: 1:37.63 (17.73)
175m: 1:55.05 (17.42) 200m: 2:12.40 (17.35) 225m: 2:31.88 (19.48)
250m: 2:50.97 (19.09) 275m: 3:10.18 (19.21) 300m: 3:29.77 (19.59)
325m: 3:47.58 (17.81) 350m: 4:04.39 (16.81) 375m: 4:20.73 (16.34)
400m: 4:36.62 (15.89)

9



Harvey Revell

15 

0.64

4:41.86

Entry: 4:41.01 +0.85

25m: 12.71 50m: 28.40 (15.69) 75m: 44.68 (16.28)
100m: 1:01.37 (16.69) 125m: 1:19.94 (18.57) 150m: 1:37.90 (17.96)
175m: 1:55.86 (17.96) 200m: 2:14.02 (18.16) 225m: 2:35.01 (20.99)
250m: 2:55.95 (20.94) 275m: 3:16.97 (21.02) 300m: 3:38.29 (21.32)
325m: 3:54.92 (16.63) 350m: 4:10.56 (15.64) 375m: 4:26.37 (15.81)
400m: 4:41.86 (15.49)

10



William Callow

15 

0.68

4:43.89

Entry: 4:40.46 +3.43

25m: 13.83 50m: 30.35 (16.52) 75m: 47.28 (16.93)
100m: 1:04.90 (17.62) 125m: 1:23.28 (18.38) 150m: 1:40.83 (17.55)
175m: 1:58.36 (17.53) 200m: 2:15.57 (17.21) 225m: 2:36.12 (20.55)
250m: 2:56.95 (20.83) 275m: 3:17.31 (20.36) 300m: 3:38.60 (21.29)
325m: 3:55.04 (16.44) 350m: 4:11.60 (16.56) 375m: 4:28.01 (16.41)
400m: 4:43.89 (15.88)

11



Nico Solodi

20 

0.61

4:41.51

Entry: 4:45.70 -4.19

25m: 12.81 50m: 28.76 (15.95) 75m: 45.37 (16.61)
100m: 1:02.63 (17.26) 125m: 1:20.99 (18.36) 150m: 1:39.01 (18.02)
175m: 1:56.96 (17.95) 200m: 2:14.40 (17.44) 225m: 2:34.43 (20.03)
250m: 2:54.83 (20.40) 275m: 3:15.55 (20.72) 300m: 3:36.47 (20.92)
325m: 3:53.32 (16.85) 350m: 4:09.74 (16.42) 375m: 4:25.84 (16.10)
400m: 4:41.51 (15.67)

12



Luca Graham

18 

0.68

4:44.65

Entry: 4:46.17 -1.52

25m: 13.28 50m: 29.74 (16.46) 75m: 46.64 (16.90)
100m: 1:04.30 (17.66) 125m: 1:22.46 (18.16) 150m: 1:39.45 (16.99)
175m: 1:56.77 (17.32) 200m: 2:13.74 (16.97) 225m: 2:35.18 (21.44)
250m: 2:55.99 (20.81) 275m: 3:16.99 (21.00) 300m: 3:38.22 (21.23)
325m: 3:55.84 (17.62) 350m: 4:12.25 (16.41) 375m: 4:28.63 (16.38)
400m: 4:44.65 (16.02)

13



Samuel Asiata

18 

0.65

4:45.54

Entry: 4:49.95 -4.41

25m: 13.17 50m: 29.43 (16.26) 75m: 46.47 (17.04)
100m: 1:03.46 (16.99) 125m: 1:21.79 (18.33) 150m: 1:39.63 (17.84)
175m: 1:58.04 (18.41) 200m: 2:15.64 (17.60) 225m: 2:36.47 (20.83)
250m: 2:57.38 (20.91) 275m: 3:18.16 (20.78) 300m: 3:39.62 (21.46)
325m: 3:56.69 (17.07) 350m: 4:13.16 (16.47) 375m: 4:29.65 (16.49)
400m: 4:45.54 (15.89)

14  Jono Graham

17 

0.71

4:47.06

Entry: 4:52.26 -5.20

25m: 13.71 50m: 30.19 (16.48) 75m: 47.15 (16.96)
100m: 1:05.08 (17.93) 125m: 1:24.45 (19.37) 150m: 1:42.65 (18.20)
175m: 2:00.75 (18.10) 200m: 2:18.29 (17.54) 225m: 2:39.51 (21.22)
250m: 3:00.68 (21.17) 275m: 3:22.21 (21.53) 300m: 3:43.55 (21.34)
325m: 4:00.03 (16.48) 350m: 4:15.71 (15.68) 375m: 4:31.70 (15.99)
400m: 4:47.06 (15.36)

15  William McFarlane

18 

0.69

4:49.77

Entry: 4:55.55 -5.78

25m: 13.68 50m: 30.07 (16.39) 75m: 47.11 (17.04)
100m: 1:05.25 (18.14) 125m: 1:24.62 (19.37) 150m: 1:43.32 (18.70)
175m: 2:01.99 (18.67) 200m: 2:20.70 (18.71) 225m: 2:41.38 (20.68)
250m: 3:02.61 (21.23) 275m: 3:23.83 (21.22) 300m: 3:45.81 (21.98)
325m: 4:02.46 (16.65) 350m: 4:18.35 (15.89) 375m: 4:34.30 (15.95)
400m: 4:49.77 (15.47)

16  Kieran Collings

19 

0.58

4:50.12

Entry: 4:54.25 -4.13

25m: 12.83 50m: 28.73 (15.90) 75m: 45.21 (16.48)
100m: 1:03.34 (18.13) 125m: 1:22.14 (18.80) 150m: 1:40.70 (18.56)
175m: 1:59.76 (19.06) 200m: 2:18.90 (19.14) 225m: 2:38.78 (19.88)
250m: 2:59.68 (20.90) 275m: 3:20.62 (20.94) 300m: 3:42.43 (21.81)
325m: 3:59.67 (17.24) 350m: 4:16.71 (17.04) 375m: 4:33.81 (17.10)
400m: 4:50.12 (16.31)

17  Henry Robertso

16 

0.68

4:54.52

Entry: 4:54.85 -0.33

25m: 13.71 50m: 30.52 (16.81) 75m: 47.99 (17.47)
100m: 1:06.68 (18.69) 125m: 1:26.09 (19.41) 150m: 1:44.42 (18.33)
175m: 2:02.41 (17.99) 200m: 2:20.03 (17.62) 225m: 2:41.87 (21.84)
250m: 3:04.21 (22.34) 275m: 3:26.79 (22.58) 300m: 3:48.93 (22.14)
325m: 4:06.00 (17.07) 350m: 4:22.19 (16.19) 375m: 4:38.71 (16.52)
400m: 4:54.52 (15.81)

18  Jk Wang

14 

0.61

4:58.29

Entry: 4:50.22 +8.07

25m: 13.91 50m: 30.85 (16.94) 75m: 48.83 (17.98)
100m: 1:08.08 (19.25) 125m: 1:27.86 (19.78) 150m: 1:46.93 (19.07)
175m: 2:05.90 (18.97) 200m: 2:24.35 (18.45) 225m: 2:45.27 (20.92)
250m: 3:06.63 (21.36) 275m: 3:27.49 (20.86) 300m: 3:48.50 (21.01)
325m: 4:06.42 (17.92) 350m: 4:23.98 (17.56) 375m: 4:41.77 (17.79)
400m: 4:58.29 (16.52)

19  Bartly Trotter

16 

0.56

4:58.54

Entry: 4:55.32 +3.22

25m: 13.61 50m: 30.52 (16.91) 75m: 49.22 (18.70)
100m: 1:08.65 (19.43) 125m: 1:27.17 (18.52) 150m: 1:45.26 (18.09)
175m: 2:03.30 (18.04) 200m: 2:21.74 (18.44) 225m: 2:43.58 (21.84)
250m: 3:06.07 (22.49) 275m: 3:28.52 (22.45) 300m: 3:51.35 (22.83)
325m: 4:08.96 (17.61) 350m: 4:26.56 (17.60) 375m: 4:43.15 (16.59)

400m: 4:58.54 (15.39)

20



Jesu Yu

14



0.63

4:58.55

Entry: 4:50.59 +7.96

25m: 13.72 50m: 30.68 (16.96) 75m: 48.79 (18.11)
100m: 1:07.96 (19.17) 125m: 1:28.06 (20.10) 150m: 1:47.31 (19.25)
175m: 2:06.62 (19.31) 200m: 2:26.63 (20.01) 225m: 2:48.04 (21.41)
250m: 3:09.65 (21.61) 275m: 3:30.82 (21.17) 300m: 3:52.44 (21.62)
325m: 4:09.84 (17.40) 350m: 4:26.81 (16.97) 375m: 4:43.14 (16.33)
400m: 4:58.55 (15.41)